

DAILY PRACTICE JOURNAL FOR BRASS

NAME: _____

DATE: _____

PRELIMINARY WARM-UP

- Breathing Exercises
- Lip Vibrations

Comments: _____

LONG TONES

- Remington Exercises
- Descending Interval Ex.
- Cichowitz Flow Study
- Other Long Tone Ex.
- Vibrato

Comments: _____

Category Time

Metronome Tuner

LIP SLURS

- Lip Slur Exercises
- Basic Flexibilities

Comments: _____

Category Time

Metronome Tuner

TECHNIQUE

- KOW Studies
- Other Scales / Arpeggios
- Multiple Tonguing Ex.
- Other Technique Book

Comments: _____

Category Time

Metronome Tuner

ETUDES / SOLO MUSIC

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Comments: _____

Category Time

Metronome Tuner

BAND / ENSEMBLE MUSIC

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Comments: _____

Category Time

Metronome Tuner

WARM-DOWN

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Comments: _____

Total Session Time